



**Register  
here**

# Ergonomics Workshop 2018

## Practical Risk Assessment Tools

The Health and Safety Authority invites you to attend our Workshops on practical ergonomics risk assessment tools to identify and manage risks of musculoskeletal disorders in the workplace.

### Why attend?

Ergonomics aims to design tasks to enable people to work within their capabilities protecting their musculoskeletal health while enabling them to work more effectively.

Attendees will gain an insight and apply practical risk assessment tools to quantify ergonomic risks. They will also gain an understanding of the importance of controlling risk through the introduction of innovative engineering solutions or by changing the way work is planned and organised.

The workshop includes case studies demonstrating the application of practical approaches to risk assessment and problem solving through worker consultation. The case studies also detail the tangible benefits arising from the interventions by way of reduced risk of musculoskeletal injury or ill health, improved human performance and productivity.

### Who should attend?

The workshop will be of a particular interest to:

- Health and Safety Professionals
- Production and Operations Managers
- Safety Representatives
- Occupational Health Professionals
- Production or Manufacturing Engineers
- Others that have an interest in the science and management of work

### Dates and Venues for Risk Assessment Workshops:

<b>Tuesday October 16th</b>	Clayton Hotel Lapps, Quay, Cork
<b>Thursday October 18th</b>	Hodson Bay Hotel, Athlone.
<b>Tuesday November 6th</b>	Spencer Hotel, Dublin
<b>Thursday November 8th</b>	Clayton Hotel, Galway

# Ergonomics Workshop 2018

## Practical Risk Assessment Tools

# Programme

- 08.20** Registration/Tea & Coffee
- 08.45** Opening Address: Frank Power – Ergonomist (Inspector), *Health and Safety Authority*
- 09.05** Ergonomics Interventions in the Workplace: Case Study Presentation
- 09.30** Introduction to the Manual Handling Assessment Charts (Mac) Tool: Leonard O Sullivan, *University of Limerick \ Ita Leyden, Leyden Consulting Engineers*
- 10.15** Practical Mac Tool Workshop
- 11.00** Tea/Coffee
- 11.20** Introduction to the Assessment of Repetitive Tasks (Art) Tool
- 11.50** Practical Art Tool Workshop
- 12.45** Questions & Answers
- 13.00** Close of Workshop