

Transport Safety Seminars May 2018



VENUES	AGENDA
Wednesday 16th May Limerick City Strand Hotel	08:00 Registration/Tea & Coffee
	08:30 Opening Address –
	Work Related Vehicle Safety in your business. The main issues of concern. Deirdre Sinnott, Senior Inspector WRVS Unit, HSA
Thursday 17th May Waterford City Tower Hotel	08:45 Workplace Transport Risk Management priorities in deliveries and collections
	Load securing, tail lifts and lorry loaders. Michael Walsh, Inspector, HSA
	9:15 Preventing Vehicle related Slips Trips and Falls Eamonn O' Sullivan, Inspector, HSA
Wednesday 23rd May Athlone Sheraton Hotel	9:35 Managing Vehicle risks in the workplace - Forklifts, pedestrians, reversing, manoeuvring. Deirdre Sinnott, Senior Inspector, HSA
	9:55 Break
	10:15 Ergonomics Risk Management in Transport Operations Frank Power, Inspector, HSA
Thursday 24th May Dublin Airport Carlton Hotel	10:45 Vehicle maintenance Michael Walsh, Inspector, HSA
	11:00 Employer case study, Vehicle related risk management, what it looks like in practice - TBC
	11:30 Questions and Answers (Close of seminar at approximately 12 noon)

Housekeeping















Work-related vehicle safety in your business The main issues of concern

Deirdre Sinnott
Senior Inspector
Work Related Vehicle Safety Programme



Why are you here today?

- Sharing the 'Big Data'
- Issues of concern
- The cost of accidents to you and your business
 - What compliance looks like
 - Preferred practices
- Key resources and guidance available
- Enabling bet

Watch Out -Traffic About!





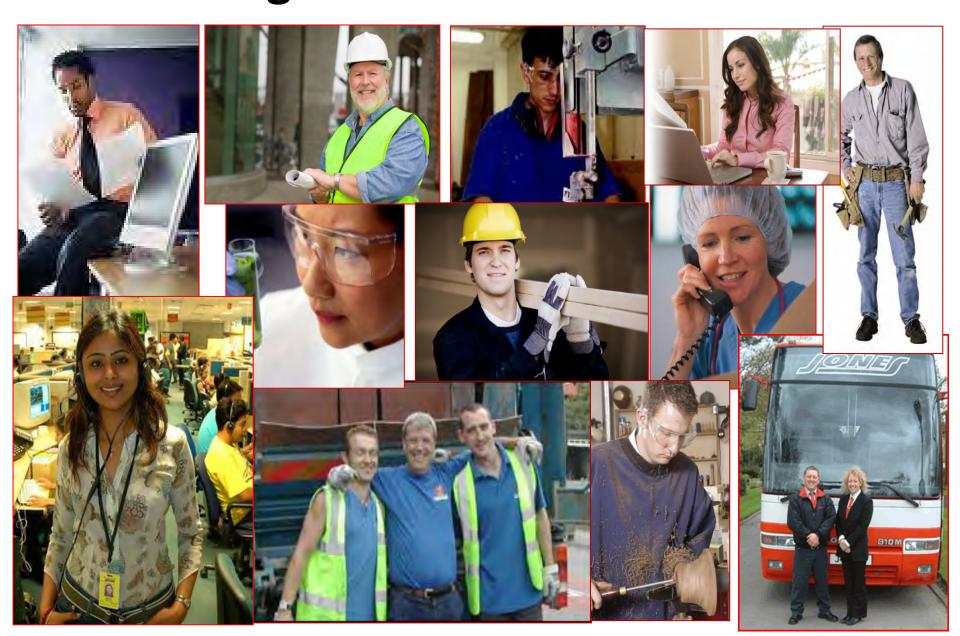
Top 10 Workplace Transport Safety Tips:

- Control entry to your workplace.
- Keep pedestrians & vehicles apart.
- 3. Eliminate vehicle reversing, where possible.
- Provide clearly marked pedestrian walkways.
- Mark & signpost vehicle only areas.
- Ensure all work areas are well lit.

- 7. Keep traffic routes free of obstructions /mark permanent obstructions.
- 8. Provide impact protection for vulnerable parts of the workplace such as lamp posts & columns.
- Provide & wear high visibility personal protective equipment.
- 10.Accompany visitors.

These simple steps save lives.

Protecting Workers from Vehicle Risks



Who else needs protecting?



The Legal Imperative

89/391/EEC

[Safety Health & Welfare at Work Act 2005]

Employer duty of care

Employee duty of care

Safe place of work [Vehicle] Safe systems of work Assess and Control Risks [Risk assessment]

Policy Procedures Instruction Information Training Safe work equipment

Work Safely

Safe Systems Approach

Occupational Health & Safety Legislation
Road Safety Legislation
Road Traffic Act and Regulations

Standards

Employees

Employers

Safe Vehicles

Safe Drivers

Safe Operations Safe Journeys

Safe, suitable and fit for purpose for every journey every day

Managing & Monitoring Driver Behaviour

Reversing
Parking
Loading/unloading

Optimising interactions with other road users

Workplace Transport Safety

"Safe Systems Management Framework "



Vehicle selection and maintenance

Driver selection, training and management

Safe Workplace

Work Related Vehicle Deaths 2009-2015







152 Work related vehicle deaths (43%)

Average of 22 work related vehicle deaths each year















Galway (9)

Workplace Fatalities Involving Vehicles

2018*



55% involved a workplace vehicle (5)

Sectors with Vehicle Fatalities



2 Manufacturing

AUTHORITY

Vehicle types involved 2 1 2



*As of 31st March

Top 3 Risky operations



Fork lift operations

- Forklift condition
- Training of driver
- Workplace arrangements



Loading and Unloading operations

- Loads falling onto people
- Falling from load area of vehicle
- Forklift operations
- Control of loading zones



Driving

- Reversing
- Slow speed manoeuvres
- Coupling/uncoupling of trailers

Work Related Vehicle Injuries 2009-2013



















29,121 accidents reported to the HSA



4.944 involved a work related vehicle (12%)



Real figure could be more than 13,000*



Causes of

- 1. Collision with object
- 2. Physical strain



- 3. Slips, trips and falls



Back injuries

made up 24%

of the total

Over 25% of injuries led to more than one month off work



3. Falls

Most accidents happen between 8am and 11am



Items most associated

Main Accident

Triggers

1. Losing control of

vehicle or equipment

2. Pushing and pulling







Loads / goods

*Estimates suggest that only 37% of work-related accidents are reported to the HSA

There are people behind the numbers

Driver fatally crushed by cargo	Square timber load came through drivers cab when he lost control of vehicle because of high speed
20 year old temporary Worker fatally crushed by trailer during coupling	Inexperienced worker crushed between tractor unit and trailer
23 year old driver falls off semitrailer while checking cargo	Driver jumped down from side of trailer and broke his heel bone. Unable to work for 2 months
Tyre explodes on 44 year old driver during semi-trailer check	Driver was inspecting tyre of side of road when it exploded. He sustained several fractures to both hands. Unable to work for 6 months

Thank you





Supporting Transport Safety with BeSMART

24th May 2018

Martin O'Dea









Online Tool

Free



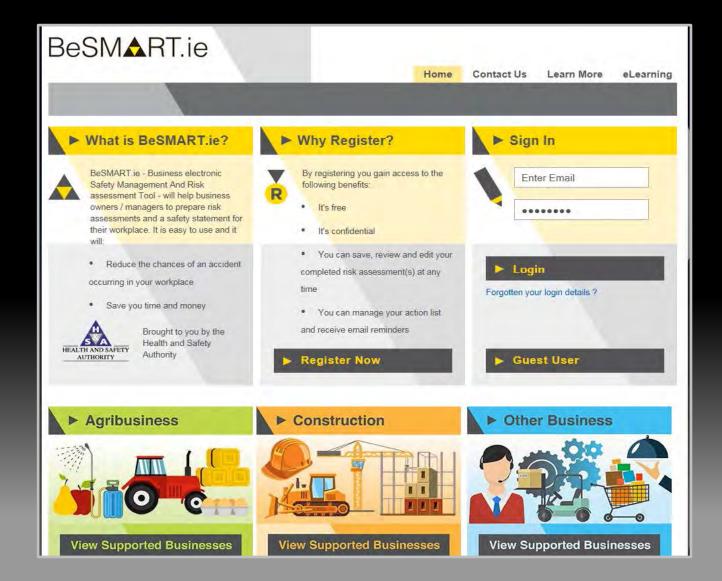
BeSMART.ie

Legal Requirement





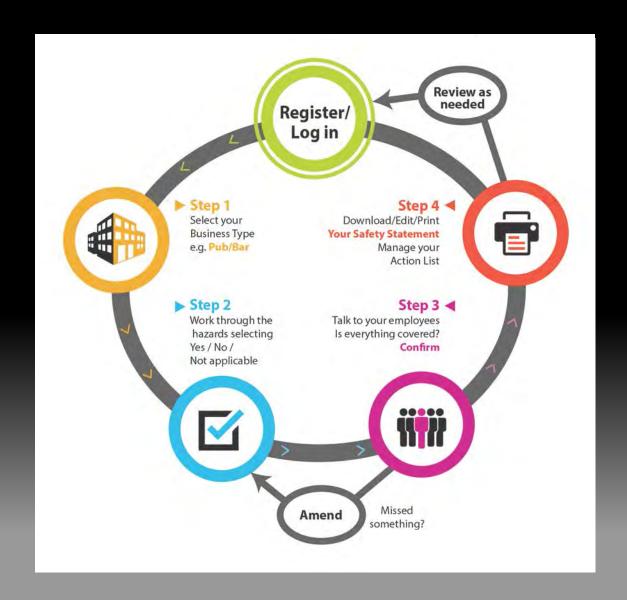
www.besmart.ie







BeSMART Overview







Vehicle Business Types

- ▲ Bus / Coach Hire and Operation
- A Hauliers / HGV Transport / ADR
- **▲** Logistics
- Builders Providers
- **★** Building Contractors
- ★ Agricultural Contractors
- Couriers
- ▲ Garage



BeSMART.ie 4 Step Process

BeSM♠RT.ie

Home Contact Us Learn More eLearning

1. Select

2. Risk Assessment

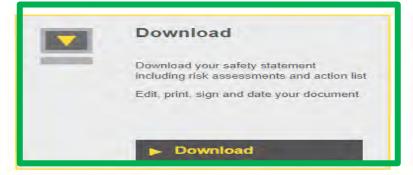
3. Consult

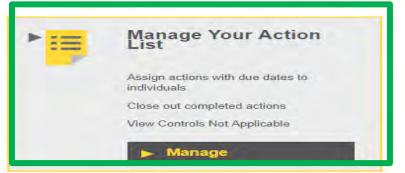
4. Complete

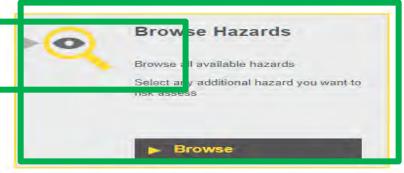
Management Screen

Risk Assessment for Bus / Coach Hire

Here you can download your safety statement including risk assessments, allowing you to edit, print or save. You can also manage your action list and browse hazards.









Print Consult List

Return To Hazards

Confirm & Continue

Finally Remember Used correctly BeSMART will help you to...

- 1. Improve health and safety standards
- 2. Reduce accidents and ill-health
- 3. Reduce administrative burden by saving you time and money
- 4. Increase compliance with health and safety legislation



Thank you





Michael Walsh

Inspector
Work Related Vehicle Safety Unit



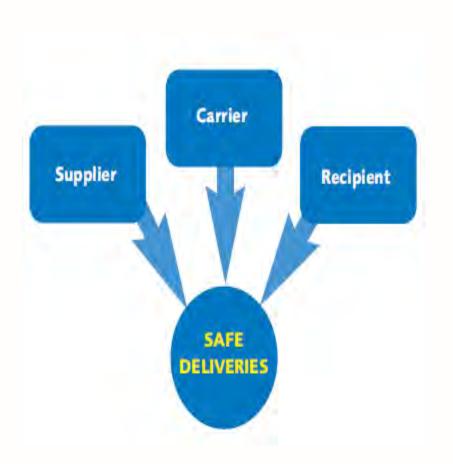
Deliveries and Collections



- Essential to business, but can be some of the most dangerous activities you and your staff have to deal with.
- Many delivery and collection incidents could be prevented if there was better cooperation between the parties involved.



Joint Responsibility



Individuals (mostly drivers) are often unfairly blamed for accidents which could have been prevented if duty holders had co-operated with one another.

The **three key duty holders** are:

- the supplier sending the goods
- the carrier the haulier or other company carrying the goods
- the recipient the person receiving the goods



Loading/delivery areas

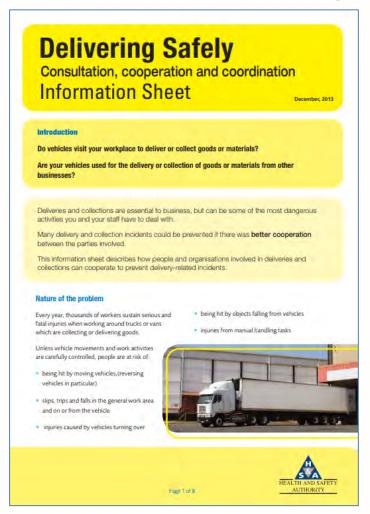
- Designated areas
- Instructions for visiting drivers
- Clear ground markings
- Clear Signs
- Authorised personnel only
- Well lit
- Safe refuges to prevent crushing
- Protection against adverse weather conditions



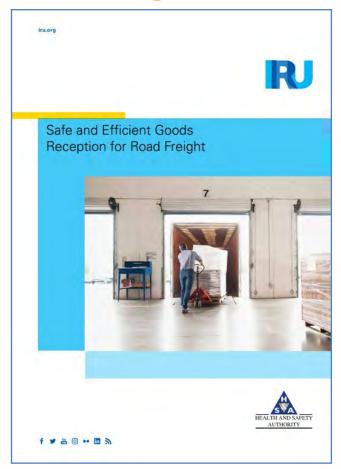




Safe delivery operations guidance



Delivering Safely Info Sheet.pdf



Guidelines also applicable to other sectors where goods dispatch and delivery occurs

Safe and Efficient Goods Reception for Road

Freight

HEALTH AND SAFETY AUTHORITY



Load Securing

Always ensure that your load is secure, its the law.

Who is responsible

Load security is not the sole responsibility of the vehicle driver

Everyone has a role to play in ensuring that loads are loaded, unloaded, secured and transported safely

Duty Holders in Transport Chain

Employers

Vehicle Owners

Vehicle Operators

Transport Manager/Supervisor

Driver

Loading & Unloading Staff



Load containment and restraint







Load containment and restraint









Why should loads be secured?

Financial losses

Damage to company
reputation
Increased insurance
premiums



Drivers, other road users, or unloaders could be injured or killed

Shifted loads

- → Damage to goods
- → Difficulties unloading

cause road
obstructions, traffic
disruptions and
collisions

Unrestrained goods may

- crash into the cab during emergency braking
- Cause loss of control of the vehicle
- cause vehicle to overturn



Forestry Timber: Serious Injury (IRL)









Pulling back the curtain on load securing?





Fahrzeugaufbau entspricht Véhicule conform à la norm Vehicle body in compliance with

EN 12642-XL

2006

Mustermann AG



It can be done correctly







New on the Horizon

Directive 2014/47/EU

Article 26

Transposition

- 1. Member States shall adopt and publish, by 20 May 2017, the laws, regulations and administrative provisions necessary to comply with this Directive. They shall immediately inform the Commission thereof. They shall apply those measures from **20 May 2018**.
- Securing of cargo is crucial for road safety. Annex III
- Personnel involved in checking whether cargo is adequately secured should be appropriately trained
- Applies to all parties involved in the logistics process
- Enforcement: During a roadside inspection a vehicle may be subject to an inspection of its cargo securing arrangements.

Load Securing Standards

(referred to in ANNEX III of Directive)

- EN 12195-1 Calculation of lashing forces
- EN 12195-2 Web lashings made from man-made fibres
- EN 12195-3 Lashing chains
- EN 12195-4 Lashing steel wire rope
- EN 12640 Lashing points

Fahrzeugaufbau entspricht	
Véhicule conform à la norm	EN 12642-XL
Vehicle body in compliance with	
Mustermann AG	2006

- EN 12642 Strength of vehicle body structure
- ISO 1161, ISO 1496 ISO container
- EN 283 Swap bodies
- EN 12641 Tarpaulins
- EUMOS 40511 Poles Stanchions
- EUMOS 40509 Transport Packaging

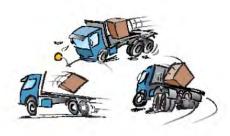


Guidance to help Employers achieve compliance with the Directive



Load Securing Guidance.pdf

European
Best Practice Guidelines
on Cargo Securing
for Road Transport

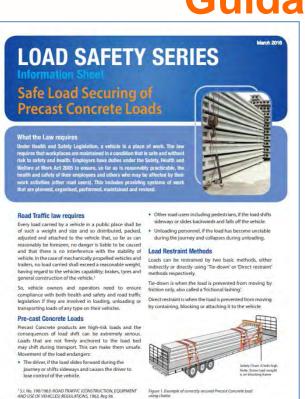


EUROPEAN COMMISSION DIRECTORATE-GENERAL FOR ENERGY AND TRANSPORT

European Best Practice
Cargo Securing.pdf



Guidance for specific loads





Due to their size and weight, plant and machinery are of load shift or load shed can be extremely serious. Loads that are not firmly anchored to the load bed can shift

- The driver, if the load slides forward during the journey or shifts sideways and causes the driver to lose contro
- . Other road users or pedestrians, if the load shifts sideways or slides backwards and falls off the vehicle:

S.I. No. 190/1963: ROAD TRAFFIC (CONSTRUCTION, EQUIPMENT AND USE OF VEHICLES) REGULATIONS, 1963, Reg 96







LOAD SAFETY SERIES

Safe Load Securing of Structural Steel Loads

Under Health and Safety Legislation, a vehicle is a place of work. The law requires that workplaces are maintained in a condition that is safe and without risk to safety and health. Employers have duties under the Safety, Health and Welfare at Work Act 2005 to ensure, so far as is reasonably practicable, the health and safety of their employees and others who may be affected by their work activities (other road users). This includes providing systems of work that are planned, organised, performed, maintained and revised



Every load carried by a vehicle in a public place shall be of such a weight and size and so distributed, packed, adjusted and attached to the vehicle that, so far as can reasonably be foreseen, no danger is liable to be caused and that there is no interference with the stability of vehicle. In the case of mechanically propelled vehicles and trailers, no load carried shall exceed a reasonable weight having regard to the engine capacity, brakes, tyres and

Structural Steel Loads

Steel is a high-density; high-risk load and the consequences of load shift can be extremely serious. Loads that are not firmly anchored to the load bed can shift during transport. This can make them unsafe. Movement of the load endangers:

- . the driver, if the load slides forward during the journey or shifts sideways and causes the driver to lose control
- · other road users or pedestrians, if the load shifts sideways or slides backwards and falls off the vehicle;
- unloading personnel, if the load has become unstable during the journey and collapses during unloading.

S.L.No. 190/1963: ROAD TRAFFIC (CONSTRUCTION, EQUIPMENT AND USE OF VEHICLES) REGULATIONS, 1963, Reg 96







The Health & Safety Authority working in partnership with An Garda Siochana and the Road Safety Authority has developed this series of Load Safety information sheets, dealing with high-risk loads.

www.loadsafe.ie



Guidance for specific loads

LOAD SAFETY SERIES

Safe Load Securing on Curtain-sided Vehicles

and do move, however carefully you drive. Load shifts can damage the goods you're carrying, along

What the Law requires

Load securing is covered specifically by Road Traffic legislation, which requires that loads carried by vehicles must be properly secured at all times. It is an offence for a vehicle to be overloaded or to discharge material onto the public road.

Occupational Health and Safety legislation³ also applies to load securing. Employers have a legal duty to:

- make sure systems of work are planned, performed and maintained for securing and transporting loads;
- provide drivers and loading / unloading staff with instruction, information and training about securing
- make sure that adequate equipment is provided and maintained for securing loads; and
- have appropriate plans and procedures in place in the event of an emergency such as a load shifting.

The law also requires that employers co-operate, so where several parties are involved in ensuring the safe transport of a load, there should be adequate co-ordination and co operation between the parties and clear responsibilities



Figure 1. Mega-Liner Variofloor curtain-sider

Restraint Equipment

Loads can be restrained by two basic methods, 'tie-down'

Tie-down is when the load is prevented from moving by friction only, also called a 'frictional lashing', It is an indirect. method of restraint

Direct restraint is when the load is prevented from moving by containing, blocking or attaching it to the vehicle.

S J. NO. 190/1961-ROAD TRAFFIC (CONSTRUCTION FOURMENT AND USE OF VEHICLES) REGULATIONS, 1961, Rep. 96 Courtesy of KRONE-UK







LOAD SAFETY SERIES

Safe Load Securing of Site Cabins and Prefabricated Accommodation Units

Due to their size, weight and configuration, consignments of site cabins and prefab accommodation units are high-risk loads. The consequences of trad shift or load shell can be ext serious. It is essential that units are not loaded in such a way that the vehicle or load could blanstable or the load could fall off the vehicle.

What the Law requires

Load securing is covered specifically by Road Traffic legislation, which requires that loads carried by vehicles must be properly secured at all times. It is an offence for a vehicle to be overloaded or to discharge material onto the public road'.

Occupational Health and Safety legislation² also applies to load securing. Employers have a legal duty to:

- * make sure systems of work are planned, performed and maintained for securing and transporting loads;
- · provide drivers and loading / unloading staff with instruction, information and training about securing



Figure 1. Prefabricated building transport

- make sure that adequate equipment is provided and maintained for securing loads; and
- have appropriate plans and procedures in place in the event of an emergency such as a load shift or load shed during transport.

The law also requires that employers co-operate, so where several parties are involved in ensuring the safe transport of a load, there should be adequate co-ordination and co-operation between the parties and clear responsibilities

Restraint Equipment

Requirements for site cabins and prefabricated accommodation units

Even though these load units can be heavy, the weight of the load alone cannot not be relied on to hold it in place. If the load lifts off the bed, even momentarily, static friction is lost. Therefore friction alone cannot be relied on to hold. the load in place. For this type of load the use of the 'tiedown'method on its own is not recommended as it relies on the combined friction generated by the weight of the load and the 'tie-down' force of the lashings alone.

S.I. No. 190/1963: ROAD TRAFFIC (CONSTRUCTION, EQUIPMENT AND USE OF VEHICLES) REGULATIONS, 1963, Reg 96 Safety, Health and Welfare at Work Act 2005 (No. 10 of 2005





LOAD SAFETY SERIES

Safe Load Securing of Round Timber

What the Law requires

Load securing is covered specifically by Road Traffic legislation, which requires that loads carried by vehicles must be properly secured at all times. It is an offence for a vehicle to be overloaded or to discharge material onto the public road!

Occupational Health and Safety legislation² also applies to load securing. Employers have a legal duty to:

- and maintained for securing and transporting loads;
- provide drivers and loading / unloading staff with instruction, information and training about securing



- maintained for securing loads; and
- have appropriate plans and procedures in place in the event of an emergency such as a load shifting or shadding

The law also requires that employers co-operate, so where several parties are involved in ensuring the safe transport of a load, there should be adequate co-ordination and cooperation between the parties and clear responsibilities



51. No. 190/1963: ROAD TRAFFIC ICONSTRUCTION, EQUIPMENT AND USE OF VEHICLES) REGULATIONS, 1963, Rea 96

2 Safety Moulth and Walfare at Work Act 2005 (No 20 of 2005)







www.loadsafe.ie



Upcoming load securing guidance

Palletised Goods



Agricultural Bales





Vehicle tail lifts





What causes tail lifts' accidents

- people falling off the vehicle body or the lifting platform,
- loads falling off the vehicle body or the platform,
- loss of control of the load,
- crushing or cutting of body parts between the moving platform and the vehicle or ground,
- platform mechanism failure, and
- platform or vehicle structure failure.



Tail lift legal requirements

- examined and certified by a competent person
 - at least once in every 12 months,
 - after any alteration or repair, where the alterations or repairs are relevant to the safe operation of the equipment
 - a report of thorough examination is completed
 - marked to indicate safe working loads
- all risks associated with the use of the tail lift safely must be identified and assessed and written down in a safety statement,



Tail lift legal requirements

- Train people who are to operate the tail lift in its safe use, covering:
 - the controls,
 - working load limits,
 - load charts,
 - safe working procedures, and
 - any operating limitations of the type of tail lift they operate.
- the tail lift must be regularly inspected and maintained



In the recent transport inspection campaign inspectors found that only 25% of employers operating tail lifts had a risk assessment in respect of that activity



Preventing falls on or from the platform or vehicle

- consider the slip-resistance of the vehicle body and the lifting platform surfaces
 - slip resistant footwear
- Consider the use of:
 - safety gates (fixed, folding or detachable),
 - roll stops (integrated into the platform, or an addition to the platform edges),
 - additional equipment such as flaps, bridge plates, run up ramps that are able to be deployed as load restraint,
 - safety chains/straps,

These should form a fixed part of the tail lift wherever possible, but can be detachable where its operation makes fixed equipment impractical.





Safe use of tail lifts

- Positioning, space, obstructions?
- load presentation, weight of pallets.
- ground surface suitable and are there any slopes or inclines?
- pedestrian activity and is it appropriate and possible to restrict pedestrian access to the area?
- Are there other vehicles and vehicle movements in the work area?
- Can a suitable route to the point of delivery be planned and agreed?





New Information sheet

Safe Vehicle Tail **Lift Operations**

Information Sheet

This information sheet provides basic information and highlights legal responsibilities in the use, maintenance and examination of vehicle tall lifts (tall lifts). It is aimed at employers, the self-employed, employees and anyone who works with tall lifts which are used for everyday operations involving deliveries and collections of goods and materials.

It is not intended for the users of lifts used specifically for lifting people into vehicles such as wheel-ohair lifts or ambulance patient lifts.

A tail lift is a mechanically operated platform mounted on a vehicle for the purpose of loading and unloading that vehicle, by raising or lowering loads between the level of the body of the vehicle and the ground. Loads are commonly placed on pallets to facilitate them being moved by using a pallet truck. There are a variety of basic designs, including:

- column
- cantilever.
- slider, and
- tuck-away.

All tail lift operations are potentially hazardous and should be planned to make sure that they are carried out safely and that all foreseeable risks have been taken into account. Poor planning is one of the major causes of accidents arising from lifting operations. Typically, tail lift accidents involve people falling from, or slipping on tail lifts, or being struck by a falling load. But other risks, such as those arising from moving parts, or of the mechanism failing, should also be assessed. The risk of people • load charts, falling should always be considered, because tail lifts involve working at a height, that is, on the body • any operating limitations of the type of tail lift of the vehicle or on the platform itself.



Training requirements

An operator must be trained and competent before operating these lifting platforms and they need to follow documented procedures for maintenance and use. A person is deemed to be competent if they are trained and experienced, and know how to safely carry out tail lift operations, regarding the nature of the hazards involved. Training should

- the controls.
- working load limits,
- safe working procedures, and



Page 1 of 4

Safe Vehicle Tail Lift Operations Information Sheet.pdf



Lorry loader cranes





What causes lorry loader crane accidents

- Vehicle instability caused by overloading
- Partial or complete loss of load through:
 - incorrect handling methods, and
 - lifting of loads in excess of lifting capacity of the loader crane.
- Failure of the crane, attachment or lifting accessories
- Overturning of vehicle through:
 - inability of the ground to take load, and
 - failure to use or the incorrect use of vehicle stabilizers or spreader plates.
- Loader crane striking:
 - pedestrians,
 - other vehicles, and
 - overhead power lines.



Lorry loader crane legal requirements

- thoroughly examined by a competent person
 - at least once in every 12 months
- a report of thorough examination is completed
- any lifting equipment or lifting accessory (e.g. grapple, grab, slings, chains) is thoroughly examined by a competent person every 6 months
 - marked with a safe working load (except for ropes and rope slings),
- must be examined and tested after any alteration or repair, where the alterations or repairs are relevant to the safe operation of the equipment, before the equipment is returned to service

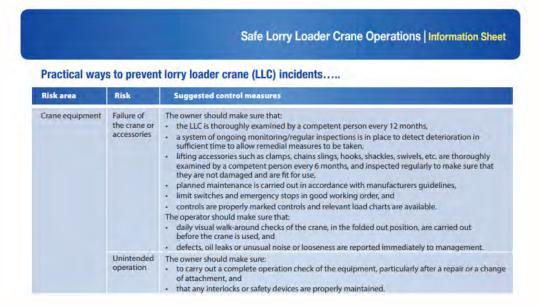
Lorry loader crane operator training

- operated by trained competent persons, such training to cover
 - the controls,
 - instruments,
 - working load limits,
 - load assessments and load charts,
 - safe working procedures for slinging and lifting, including hand-signals,
 - operating limitations of each type of crane and accessory they operate,
 - in-service checks.



Lorry loader crane risk assessment

- identify the relevant hazards and associated controls
 - to achieve safe ways of operating the crane.



AUTHORITY

- People Involved in Lifting Operations
 - Include banksmen, slingers, signallers, but only one person is in charge
 - Suitable instruction and training
 - hard hat, hi-vis clothing and safety footwear when operating the crane

Lorry loader crane considerations

Loss of load	Load falling on operator or slinger	The operator should make sure that: people stand well clear of the lifting operation, and never between the load and the vehicle, and the attachment or handling method being used is the right one for the load being lifted.
Uneven ground	Overturning	The operator should: only load/unload in designated loading areas, check the area in which an LLC is to be positioned to make sure that it is suitable, and always use the stabilizers (see overturning below).
	Slips, trips and falls	The operator should remain stationary on the ground if they are using a remote control.
Restricted space	Striking overhead cables or other structures	The operator should:
Overturning	Overturning	The operator should: make sure that all stabilisers are fully out and down for lifting, and returned to the correct position after use, know and understand the safe working load of the crane in the different positions, and pay particular attention when picking up an unfamiliar load.
Striking people	Striking the operator or other people	 The operator should: be aware of the possibility of people in the vicinity and make sure they are clear of the working area before lifting operations begin, keep unauthorised people out of loading/unloading area, if using a remote control unit, stand clear of the operation, take care when extending the stabilizers, plan the operation to prevent lifting over people, be aware of the possibility of people out of their line of sight, and if lifting in an area to which the public have access, cordon off the area and provide alternative safe passage for pedestrians.

HEALTH AND SAFETY AUTHORITY



Information Sheet

April 2018

This information sheet deals with the set-up, use, maintenance and thoroughexamination of lorry loader cranes (LLCs, also knownas lorry loaders, to make sure that lifting operations are carried out safely. It is aimed at employers, the self-employed, employees and anyone who works with LLCs which are used for operations involving lifting of smaller loads such as building materials, (blocks, timber, bags, logs), small containers, general waste, etc. It does not cover loader cranes operating with rope and winch systems, or where they are being used as an alternative to conventional mobile cranes. or situations involving the lifting

All lifting operations are potentially hazardous and should be planned to make sure that they are carried out safely and that all foreseeable risks have been taken into account and effectively controlled. Poor planning is one of the major causes of accidents arising from lifting operations.

What Is an LLO

An LLC is a crane mounted on a vehicle for the purpose of loading and unloading that vehicle. In construction and utility works LLCs are used widely for loading and unloading and are commonly fitted with clam-shell bucket or grab attachments. In general transport and haulage they can be used with a crane hook and lifting accessories. A crane should only be mounted to a vehicle in accordance with the vehicle manufacturer's bodybuilding guidelines by a person competent to do so.

Training Requirements

LLCs must be operated by trained competent persons. A person is deemed to be competent if they are trained and experienced, and know how to safely carry out LLC operations, having regard to the nature of the hazards involved.

Training should cover, as a minimum:

- the controls,
- instruments,
- working load limits,
- load assessments and load charts,
- safe working procedures for slinging and lifting, including hand-signals,
- operating limitations of each type of crane and accessory they operate, and
- in-service checks.

Documented procedures must also be followed for maintenance and use of the crane.

What oauses LLO acoldents

The most common causes of LLC accidents are:

- Vehicle instability caused by overloading
- Partial or complete loss of load through:
 - incorrect handling methods, and
- lifting of loads in excess of lifting capacity of the loader crane.
- Failure of the crane, attachment or lifting accessories



Page 1 of 4

Safe Lorry Loader Crane Operations Information Sheet.pdf



Thank you www.vehiclesatwork.ie www.loadsafe.ie

