

# PREVENTING COMMON WORKPLACE INJURIES IN SMALL BUSINESSES

A Must-Attend FREE Safety Seminar for Small Business Owners and Managers

## Can your business afford a serious workplace injury?

Running a small business is demanding and one incident can set everything back. Workplace injuries can be very costly, but most are predictable and preventable... if you know what to look out for.

In this morning seminar, Health and Safety Authority inspectors will break down the everyday workplace hazards that most commonly lead to injuries, including:

- Manual handling
- Slips, trips and falls
- Work at height
- Vehicle operations
- Work equipment and machinery
- Fire and chemical risks
- LPG and gas safety
- Plus other hidden day-to-day dangers

These hazards often lead to incidents that can injure your staff, disrupt your operations and result in costly claims and downtime that no small business can afford.

You'll also be able to talk with HSA specialists and get information and guidance unique to your business.



# HSA

An tÚdarás Sláinte agus Sábháilteachta  
Health and Safety Authority



 [REGISTER HERE](#)

 **Cork:** Wednesday, 18<sup>th</sup> March 2026  
10am-1pm (Registration from 9.30am)  
Fota Island Resort, T45 HX62

 **Dublin:** Thursday, 19<sup>th</sup> March 2026,  
10.30am-1.30pm (Registration from 10am)  
Carlton Hotel Blanchardstown, D15 EYX5

## Why attend?

This seminar will help you to:

- Recognise key workplace hazards and understand the factors that can lead to injuries.
- Access the most relevant and up-to-date safety management information, guidance, and training materials.
- Reflect on your own and your business's approach to risk management and identify opportunities to strengthen safety culture and performance.

If you want peace of mind, stronger safety procedures, or reassurance that you're doing things right, this event is for you.

## Who should attend?

- Small business owners
- Managers and supervisors
- Worker representatives
- Health and safety professionals